

Downtown Oakland Senior Center's

BRAIN HEALTH & AGING 2021 SYMPOSIUM



FRIDAY, APRIL 16, 2021, 10:30AM-1:30PM

START GETTING EXCITED!

We are partnering once again with University of California San Francisco's Memory & Aging Center for another Zoom Symposium designed just for you on *Friday, April 16, 2021 on the topic of Brain Health & Aging.*

Our stellar panel of speakers include researchers, physicians, and other health care professionals. We encourage you to come with questions! At the end of this informative event, prize drawings for gift cards will held, but you must be online at the time of the drawing to win.

Zoom Webinar ID: 995 6759 8360

Passcode: 726556

or

Telephone: US: +1 669 900 6833

RSVP by phone or email for a chance to win a \$50 Gift Card
(510) 238-3284 or dosc@oaklandca.gov

SCHEDULE OF EVENTS

- 10:30a.m. - 10:35a.m. Welcome - Dr. Paula Shadle, DOSC Advisory Council Chair
- 10:35a.m. - 11:05a.m. Speaker 1: Dr. Sergio Lanata: What is dementia?
- 11:05a.m. - 11:35a.m. Speaker 2 - Dr. Casaletto: Healthy Brain Aging: What it is and how to get it
- 11:35a.m. - 11:50a.m. Q&A Panel for Dr. Lanata & Dr. Casaletto
- 11:50a.m. - 12:00p.m. Relaxation Session with Corey Action
- 12:00p.m. - 12:30p.m. Speaker 3 - Dr. Tee: The importance of diversity in brain health research
- 12:30p.m. - 1:00p.m. Speaker 4 - Dr. Kramer: Brain health research at the UCSF Memory & Aging Center
- 1:00p.m. - 1:15p.m. Q&A Panel for Dr. Tee & Dr. Kramer
- 1:15p.m. - 1:30p.m. Prize Drawings